

Program Dates:

Tuesday, May 27th
through
Friday, July 25th

**Arizona State
Football Champs:**
2006, 2007, 2008, 2014, 2015,
2017, 2018, 2024

Centennial HS

www.centennialcoyotesfootball.com

Improve your strength, speed, conditioning & football skills with our successful program.

2025 CENTENNIAL COYOTES SUMMER FOOTBALL PROGRAM (Incoming 9th graders)



WEIGHTLIFTING 9th Graders

DAYS/TIMES:

Monday - Friday

7:30am — 9:00am

*Program starts on Tuesday, May 27th



FOOTBALL SPEED/SKILLS

DAYS/TIMES:

Monday

Specialists (Kickers/Snappers):
6pm-7:30pm (TBD)

Tuesday & Thursday

7on7 Skills & Lineman Camp or
Competition (TBD): 6pm-8pm

Wednesday

Speed & Conditioning:
7:30am-9:00am

HOW DO I SIGN UP?

Bring your registration and payment to the Centennial HS Bookstore. Pay with debit card, cash or check (checks made out to: Centennial High School) No payments taken over phone. Bookstore phone #(623) 412-4417

For more information contact
Head Coach Andrew Taylor
antaylor@pusd11.net

For the latest information go to our website:

www.centennialcoyotesfootball.com

Cost: \$100

*All participants will receive a detailed weightlifting program, strength building sessions with weightlifting instruction appropriate for skill level, participation in speed, agility, quickness, and conditioning drills,

*Participants need workout clothes, water, running shoes, and cleats.

*Please get your Physicals and upload to Register My Athlete, before starting camp. This is required by PUSD and AIA. Instructions are attached or you can locate them on CeHS Athletic website.

CeHS SUMMER WEIGHTLIFTING/FOOTBALL CAMP REGISTRATION

2025

Player's First & Last Name: _____

Parent Name & Phone Number _____

Grade Level: _____

Date Paid _____

Bookstore use only